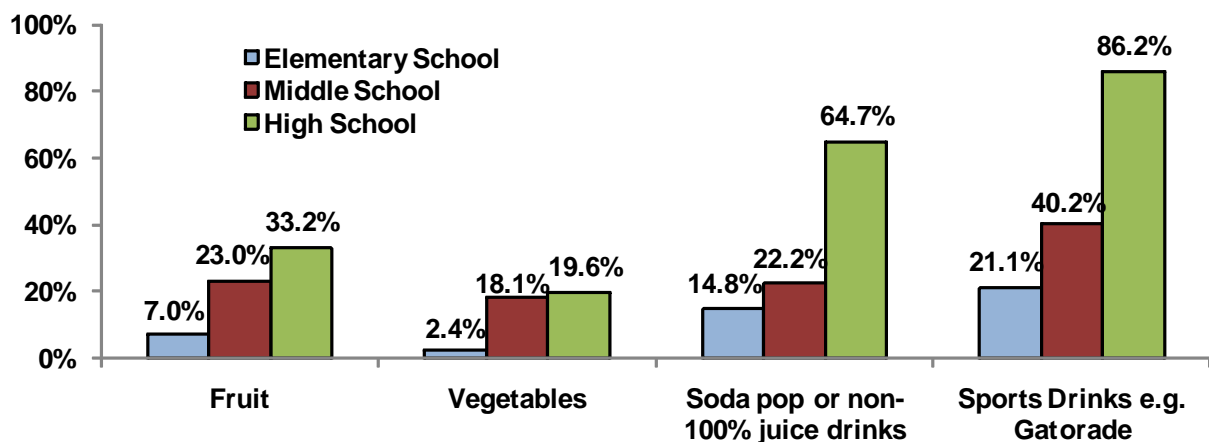


Supports for healthy eating within Nebraska public schools, 2010

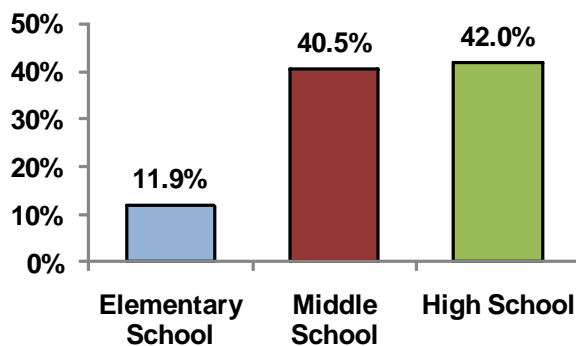
Schools have a long and lasting impact on lives. By creating environments and policies that support healthy eating, school administration and staff can take direct action to prevent childhood obesity and associated chronic diseases. Nebraska schools are key partners, offering opportunities for both students and staff to make healthy choices and serve as role models for each other.

Figure 1: Percentage of schools that offer the following foods and beverages from vending machines or at the school store, canteen, or snack bar



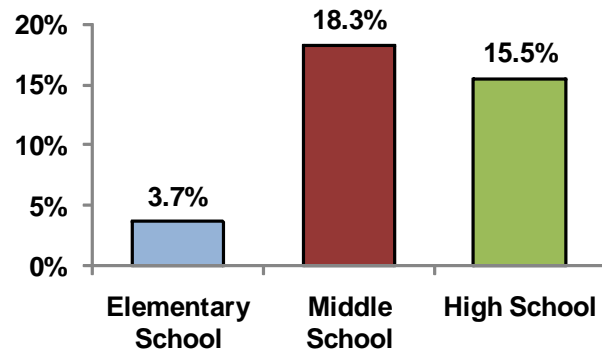
Source: 2010 NE School Health Profiles

Figure 2: Percentage of schools that limit the package or serving size of any individual food and beverage items sold in vending machines



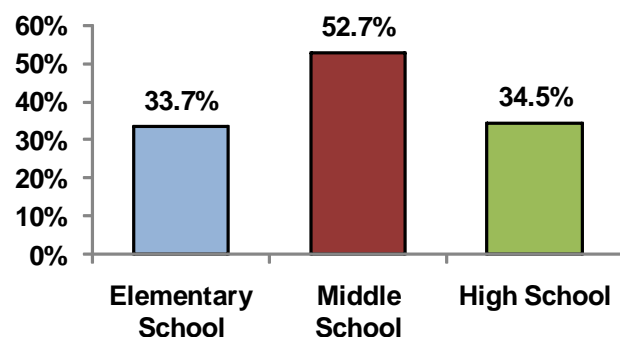
Source: 2010 NE School Health Profiles

Figure 3: Percentage of schools that price nutritious foods and beverages at a lower cost while increasing the price of less nutritious foods and beverages



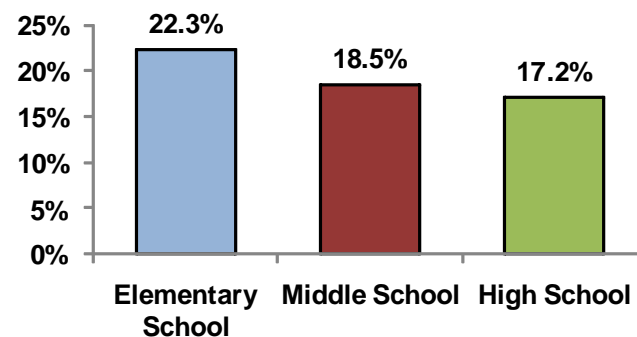
Source: 2010 NE School Health Profiles

Figure 4: Percentage of schools that collect suggestions from students, families, and school staff on nutritious food preferences and strategies to promote healthy eating



Source: 2010 NE School Health Profiles

Figure 5: Percentage of schools that provide opportunities for students to visit the cafeteria to learn about food safety, preparation, and other nutrition-related topics



Source: 2010 NE School Health Profiles

- ♦ **Fewer than 1 in 5 schools (18% elementary, 17% secondary) conduct taste tests to determine food preferences for nutritious items.**
- ♦ **Approximately 1 in 3 schools (35% elementary, 36% secondary) provide information to students or families on the nutrition and caloric content of foods available.**
- ♦ **Percentage of schools that prohibit advertisements for candy, fast food restaurants, or soft drinks in the following locations:**

	Primary Schools:	Secondary Schools:
In the school building:	52.4%	43.1%
Outside school grounds:	52.1%	40.3%
On school buses:	61.6%	53.7%
In school publications:	55.9%	45.6%



Interested in creating policies and environments that support healthy eating in your community?

Become a Partner N Health! www.partnersnhealth.org

About the data source: The School Health Profile (SHP) survey asks principals and lead health educators to complete surveys that ask about a variety of topics, including health education, physical education, and food service. The SHP was completed in Nebraska elementary, middle, junior/senior high, and high schools in the spring of even years from 1996-2010.

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AA/EOE/ADA